

ASC PROCEDURE: ALBANY GASTROENTEROLOGY CONSULTANTS, PLLC  
COVID TEST DATE: \_\_\_\_\_ 1375 Washington Avenue, Suite 101  
TEST TIME: \_\_\_\_\_ Albany, New York 12206  
518-533-5000

## UPPER ENDOSCOPY (EGD) INSTRUCTIONS

Patient: \_\_\_\_\_ DOB: \_\_\_\_\_ Provider: \_\_\_\_\_

Procedure Date: \_\_\_\_\_ Arrival Time: \_\_\_\_\_ Procedure Time: \_\_\_\_\_

Location:

Ambulatory Surgery Center (ASC)  
1375 Washington Ave., Suite 201

St. Peter's Hospital  
315 South Manning Blvd.

Albany Medical Center  
47 New Scotland Ave.  
A Building-4th Floor-A 405

For any prep related questions, please visit our website at [albanygi.com/faq](http://albanygi.com/faq)

### UPPER ENDOSCOPY (EGD) PREPARATION INSTRUCTIONS

#### *One Week Prior to the Procedure*

Starting: \_\_\_\_\_

Arrange for a responsible adult to accompany you home after your procedure. You will be given sedation for your procedure and will not be allowed to drive yourself home.

#### *Two Days Prior to the Procedure*

Stop any anti-inflammatory medications (Motrin, Advil and Ibuprofen). Celebrex and Tylenol are OK to use.

#### *One day before your procedure* \_\_\_\_\_

NO ALCOHOL

#### *The day of your procedure* \_\_\_\_\_

#### **MORNING PROCEDURES:**

Do not eat after midnight the evening before your procedure. You can have **CLEAR LIQUIDS up to 6 hours prior to your procedure** (until \_\_\_\_\_).

#### **AFTERNOON PROCEDURES:**

Do not eat after midnight the evening before your procedure. You can have **CLEAR LIQUIDS up to 6 hours prior to your procedure** (until \_\_\_\_\_).

Confirm that you have a responsible adult to accompany you home after your procedure.

You may take your essential prescribed morning medications unless otherwise directed by your physician. You may drink SIPS OF WATER ONLY with your prescribed medications.