

ATTENTION:

If you are scheduled for a procedure at one of the local Hospitals or upstairs at the Ambulatory Surgery Center,

PLEASE NOTE: You **MUST** bring your insurance card(s) and photo identification.

Also, your insurance company will most likely apply a copayment, deductible and/or coinsurance.

If you have questions as to the specific dollar amount for which you will be responsible, please contact your insurance company.

**** If you have a change of insurance, between the time your appointment was made and the procedure, please contact Albany Gastroenterology Consultants, PLLC's billing office at 518-533-5000.

CANCELLATION / NO SHOW POLICY

Thank you for choosing Albany Gastroenterology Consultants for your gastroenterology healthcare. We look forward to partnering with you in meeting your healthcare needs.

Your appointment with us is very important. If you are unable to keep your appointment, please contact our office at 518-533-5000 at least 24 hours prior to your scheduled appointment time. We reserve the right to charge a fee for same day cancellations or no show appointments.

The **FIRST** no show or same day cancellation – **NO CHARGE**. We will call you to reschedule the appointment you didn't show for or cancelled the same day.

The **SECOND** no show or same day cancellation you will be charged a \$50.00 fee which must be paid prior to making any additional appointments.

The **THIRD** no show or same day cancellation you will be discharged from the practice.

If you have any questions regarding your appointments, please do not hesitate to contact our office.

We appreciate you choosing Albany Gastroenterology Consultants for your healthcare needs.

CLEAR LIQUIDS

BEVERAGES:

- **CLEAR JUICES: APPLE JUICE, WHITE CRANBERRY, WHITE GRAPE, LEMONADE, LIMEADE, CITRUS JUICES (STRAINED)**
- **HERBAL TEA, TEA, COFFEE (WITHOUT CREAM/MILK), ICED TEA, ICED COFFEE**
- **NO DAIRY PRODUCTS**
- **GATORADE, SPORTS DRINKS, CRYSTAL LIGHT, SNAPPLE – NO RED**
- **CLEAR CARBONATED BEVERAGES: GINGERALE, SEVENUP, SPRITE, MINERAL/PLAIN WATER, FLAVORED WATERS – NO RED**

SOUPS: CLEAR BROTH, BOULLION, CONSOMME (ALSO FAT FREE), STRAINED VEGETABLE BROTH

DESSERTS: POPSICLES, HARD CANDIES, FLAVORED GELATIN, FRUIT ICE, AND ITALIAN ICE (WITHOUT FRUIT), NOTHING RED

NO ALCOHOL OF ANY KIND DURING THE PREPARATION

Guidance for Pre-Procedure Medication List

Diabetic Medication By <u>CLASS</u>	<u>Name of Drug</u> (<i>Bold/Italicized Medications on the same line are the same medication</i>)	<u>Days to Stop Before Surgery</u> (Does NOT include DOS*)
SGLT2 Inhibitor	Brenzavvy (<i>Bexagliflozin</i>) Farxiga (<i>Dapagliflozin</i>) Invokana (<i>Canagliflozin</i>) Jardiance (<i>Empagliflozin</i>)	Hold for 3 days (4 days if including DOS)
SGLT2 Inhibitor	Steglatro (<i>Ertugliflozin</i>)	Hold for 4 days (or more) (5+ days if including DOS)
GLP-1 Agonists <i>Once Weekly</i>	Bydureon ER (<i>Exenatide ER</i>) Ozempic, Wegovy (<i>Semaglutide</i>) Trulicity (<i>Dulaglutide</i>)	Hold for 7 days (8 days if including DOS)
GLP-1/ GIP Agonist <i>Once Weekly</i>	Mounjaro (<i>Tirzepatide</i>)	Hold for 7 days (8 days if including DOS)
GLP-1 Receptor Agonist <i>Taken Daily</i>	Adlyxin (<i>Lixisenatide</i>) Byetta (<i>Exenatide IR</i>) Rybelsus (<i>Oral Semaglutide</i>) Saxenda (<i>Liraglutide</i>) Victoza (<i>Liraglutide</i>)	Hold DOS only
Biguanides	Metformin	Hold for ONE day (2 days if including DOS)
DPP-4 Inhibitors	Januvia (<i>Sitagliptin</i>) Nesina (<i>Alogliptin</i>) Onglyza (<i>Saxagliptin</i>) Tradjenta (<i>Linagliptin</i>)	Hold DOS only
Sulfonylureas & Meglitinides	Amaryl (<i>Glimepiride</i>) DiaBeta, Glynase PresTab (<i>Glyburide</i>) Glucotrol (<i>Glipizide</i>) Prandin (<i>Repaglinide</i>) Starlix (<i>Nateglinide</i>)	Hold DOS only
Thiazolidinediones	Actos (<i>Pioglitazone</i>) Avandia (<i>Rosiglitazone</i>)	Hold DOS only

Please have patient contact PCP/Endocrine provider for instructions on Insulin adjustments pre-surgery

Patients with Type 1 Diabetes should never hold basal insulin

*** DOS = Day of Surgery**

Understanding Your Bills

Trying to sort through the various bills you receive from your doctors, hospitals, laboratories and radiology facilities in order to coordinate your insurance benefits can sometimes be difficult. The following information is provided in an effort to help you with this process.

Physician Bill is Separate from Bills for Special Services

During your care, you may receive bills for the following types of services:

1. Physician Services
2. Facility Services
3. Special Services: Services of this type are provided by groups that analyze laboratory tests, read

x-rays or other images, provide anesthesia, and so on. These groups involve physicians whose help was requested by your physician.

Affiliated Facilities

St. Peter's Hospital	518-471-3000	www.sphcs.org/billing-information
St. Peter's Surgery and Endoscopy Center	518-533-3420	http://stpeters-surgery-endoscopy-center.com
Albany Medical Center	518-262-3125	https://www.amc.edu/spbs/accepted_insurance.cfm

Major Special Service Providers

Anesthesia Group of Albany, PC	MEM/SPH Anesthesia	518-463-0050
Maplewood Pathology, PC	MEM/SPH Pathology	518-525-1466
St. Peters Health Partners Med Assoc	MEM/SPH Radiology	518-525-1585 www.sphcs.org/billing-information
LabCorp	Laboratory	800-845-6167 www.labcorp.com
Quest Diagnostics	Laboratory	866-697-8378 www.questdiagnostics.com/home/patients
Prometheus Laboratory	Laboratory	888-423-5227 www.prometheuslabs.com
St. Peter's/Bender Laboratory	Laboratory	518-525-1550 www.sphcs.org/billing-information

AMC requests you contact your insurance directly to confirm participation status for labs, pathology radiology

Finding Out What Insurance Will Cover

The physicians of Albany Gastroenterology Consultants participate with most insurance plans. You must pay the co-pays, deductibles, or non-covered services as set by your insurance plan. Before visiting the office, you may wish to check with your plan to determine the extent of your coverage for various services such as office visits, lab services, x-rays, outpatient procedures, and so on. You may want to contact the offices of the special services providers and/or facility service providers to confirm what they charge and what your plan will pay. If your insurance provider will not cover the entire cost of a service, you will have to pay for some or all of that bill.

Albany Gastroenterology Consultants participates with the following insurance plans:

Aetna	Medicaid-NYS only
Blue Shield of Northeastern NY	Medicare
Cancer Services Program	Multiplan
Capital District Physician Health Plan	MVP Health Plan
Cigna (MVP, PHCS networks only)	National Health Administrators, Inc.
Emblem Health (GHI/HIP)	PHCS
Empire Blue Cross Blue Shield	POMCO
...All Out of Area Blue Cross Plans	Railroad Medicare
Empire Plan/NYS	Today's Option
Excellus	Tricare
Fidelis	United Healthcare
Great West	Univera
HTH Worldwide	Wellcare
Humana-All Medicare Advantage Plans	WTC Program
Martin's Point	